

Crucial Conversations Reflection

| Avoid the conversation | Face it....but it didn't go well | Face it.....it did go well |
|------------------------|----------------------------------|----------------------------|
| | | |

| District | School | Me |
|----------|--------|----|
| | | |

Questions to ask when planning a crucial conversation:

- What do I really want for myself?
- What do I really want for others?
- What do I really want for the relationship?
- How would I behave if I really wanted these results?

Create an “and” question.....

- Clarify what you really want.
 - What I want is for Ms. Jones to be more positive with her students.
- Clarify what you really don't want.
 - What I don't want is for Ms. Jones to become defensive, return to her classroom and then take it out on her students
- Create an “and” question
 - How can I have a candid conversation with Ms. Jones about being more positive with her students and avoid her becoming defensive and returning to her classroom and taking it out on her students?

Name: _____

Please prioritize the skills by numbering them from 1 to 7 based on your Style Under Stress Score

Skills that I would like to learn more about.....

- ___ Start with the Heart
- ___ Learn to Look
- ___ Make it Safe
- ___ Master My Stories
- ___ STATE My Path
- ___ Explore Others' Paths
- ___ Move to Action